

2018-19 Heartland AEA Leadership Series

NOV. 6, 2018

Providing Positive Psychology Practices to Improve Students' Happiness

Featuring Shannon Suldo, Ph.D.

DMACC – Ankeny Campus

Participants will learn specific strategies at the Tier 1 level for promoting all children's happiness through schoolwide and classwide strategies that target improvements in the factors correlated with children's subjective well-being, including positive teacher-student relationships evident in schools with a healthy climate, as well as students' personal levels of gratitude, optimism and use of character strengths. Programs for promoting the well-being of students with low happiness will be referenced. Participants will also become familiar with tools to assess positive psychology constructs, including how to incorporate such measures in universal screenings and progress monitoring.



Shannon Suldo, Ph.D., is a professor in the School Psychology Program at the University of South Florida. She is a Licensed Psychologist in the state of Florida and continues to provide school-based mental health services to youth in the Tampa area. Dr. Suldo has extensive research and clinical experiences in school-based mental health services. She also studies the stress, coping strategies and mental health of high school students in accelerated courses.

Registration

Nov. 6, 2018

DMACC, Student Center, Bldg. 5, 2006 S. Ankeny Blvd., Ankeny

Superintendent Session

8:30-9:00 a.m.

HAA Partner Updates

9:00 a.m.-Noon Shannon Suldo

Register at this link:

<https://goo.gl/tHa5MA>

All Educator Session

1:00-4:00 p.m.

Registration fee \$25 per person

Register at this link:

<https://goo.gl/Nvp8w6>

Break

Noon-1:00 p.m.

Lunch on your own.

For more information, contact:

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Heartland AEA Leadership Series

Shannon Suldo's presentation is part of the Heartland AEA 2018-19 Leadership Series. Some of today's most intriguing, innovative and influential leaders from around the country share their background, insight and knowledge in this new series for educators. Speakers will candidly share their experiences, discuss challenges that have impacted their work and provide a unique opportunity to learn from their hands-on experiences.