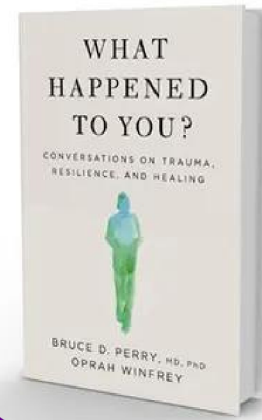


Interconnections of Trauma, Brain Development, Resilience and Mental Health

Our earliest experiences shape our lives far down the road. "What Happened to You?" provides powerful scientific and emotional insights into the behavioral patterns so many of us struggle to understand.



**Free
Credit
Available**

Join us in discussing Oprah Winfrey and renowned brain development and trauma expert Dr. Bruce Perry's book on the impact of trauma and adverse childhood experiences and how healing must begin with a shift to asking "What happened to you?" rather than "What's wrong with you".

This book study will include discussions on how the experiences throughout childhood impact not only the mental health of our students, but also their success in school.

We will explore strategies to not only recognize these impacts, but also how we can be the protective factors that students need.

Register for:

PL-Interconnections of
Trauma,
Brain Development, Resilience
and Mental Health.
Course #204105
Section #316273

*Registration Deadline:
September 14*

JOIN US VIA ZOOM FOR SEVEN SESSIONS FALL 2023:

September 21
October 5
October 19
November 2
November 16
November 30
December 14

Two Time Options:

7:00 - 8:00 AM
or 5:00-6:00 PM

***Course, Credit & Materials available at no cost to participants
thanks to the PL-MHAT Project, a SAMHSA grant recipient***

*Due to this class being grant funded, all participants are required
to complete both a pre and post evaluation survey to collect data .*



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**FOR MORE INFORMATION ON THIS COURSE, OR HOW TO INTEGRATE THIS BOOK STUDY INTO YOUR
SCHOOL'S PROFESSIONAL DEVELOPMENT PLAN, CONTACT KIM BODHOLDT OR MARNI MOODY.**