

Transition: Skills Needed for All Postsecondary Options

Living Experiences

- Consider how often the student has spent time away from family
- Does the student spend time alone?
- Has the student ever shared a room?
- Does the student tolerate sharing his possessions?
- Can the student make his own appointments?
- Is the student able to solve his/her own problems?
- What assistive technology does the student use?
- Can the student perform basic domestic tasks?

Community Supports

- Is the student able to identify community supports, services, or programs?
- Has the student applied for or used any community services?
- Has the student applied for Iowa Vocational Rehabilitation Services?

FOR MORE INFORMATION, CONTACT YOUR TRANSITION COORDINATOR:

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Community Mobility

Community mobility is ESSENTIAL for independence!

- Driver's License is best
 - o Driver's Ed may be taken at any age
- Is Public Transportation an option?
- Are alternative means of transportation available: moped, bike, friends, family, etc.?

Physical Abilities & Health

- Does the student have the physical ability to perform the career of choice?
- Does the student demonstrate appropriate personal hygiene?
- Does the student take medications without reminders?
- Is the student able to make informed & safe decisions about personal sexual activity?
- How does the student handle stress?

Financial Literacy

- Is the student able to follow a personal budget?
- Does he/she have a debit card, checking account, savings account, etc.?
- Does he/she understand employment benefits?

Work Readiness

- Does the student display acceptable attendance?
- Is the student on track to graduate?
- How well does the student manage his/her time?
- How does the student respond to constructive criticism?
- Is the student able to work independently and initiate routine tasks without prompts?
- Does the student adjust to new situations with ease?
- Has the student had any work experience?

Self-Determination

- Does the student request assistance when needed?
- Can the student explain their disability and request accommodations?
- Is the student able to do long range planning?

